

# SMOOTHIES

## CHOCOLATE LOVERS

PALEO MONKEY \$12.50

Almonds, Cacao, Chocolate Protein, Banana, Honey, Almond Milk

★ Blend recommends: add peanut butter

ECO BOOST \$12.50

Almonds, Cashews, Cacao, Chocolate Protein, Cinnamon, Nutmeg, Banana, Honey, Almond Milk

BRASS MONKEY \$10.50

Chocolate Covered Almonds, Peanut Butter, Banana, Honey, Almond Milk

BIG SEXY \$10.50

Cayenne, Cinnamon, Nutmeg, Cacao, Maca, Banana, Agave, Almond Milk

## COFFEE LOVERS

FANCY BITCH \$12.50

Chocolate Covered Espresso Beans, Cacao, Salt, Chocolate Protein, Oats, Banana, Espresso, Almond Milk, Honey

DIVINE INTERVENTION \$12.50

Choc. Almonds, Choc. Espresso Beans, Peanut Butter, Coffee, Banana, Almond Milk, Honey

SUPER HUMAN \$12.50

Chocolate Protein, Spinach, Oats, Banana, Coffee

## FANCY

CARROT CAKE \$12.50

Carrot, Vanilla Protein, Cinnamon, Nutmeg, Cashews, Banana, Almond Milk, Agave

OATMEAL COOKIE \$12.50

Vanilla Protein, Cinnamon, Nutmeg, Oats, Raisins, Banana, Almond Milk, Agave

SULLY MARGARITA \$12.50

Pineapple, Mango, Banana, Jalapeno, Mint, Cilantro, Orange Juice, Almond Milk, Agave

★ Blend recommends: Add Strawberries

## GREEN

GREEN SWEETIE \$10.50

Red Apple, Banana, Kale, Spinach, Almonds, Raisins, Almond Milk, Honey

★ Blend recommends: add Vanilla Protein

HANGOVER HELPER \$12.50

Chia Seeds, Orange, Juice, Kale, Wheatgrass, Banana

ALKATARIAN \$12.50

Cucumber, Celery, Spinach, Avocado, Lime Juice, Mint, Salt, Green Apple, Green Juice

LOVE YOUR BODY \$12.50

Cucumber, Celery, Spinach, Avocado, Lime Juice, Salt, Green Apple, Lean Green Juice

DYLAN DERBYSHIRE \$12.50

Cucumber, Celery, Spinach, Avocado, Lime Juice, Avocado Oil, Lean Green Juice, Alkaline Water

COCO CILANTRO \$10.50

Cilantro, Spinach, Banana, Mango, Coconut Water

## FRUITY

FRUIT NINJA \$12.50

Mango, Pineapple, Banana, Red Apple, Orange Juice, Coconut Water, Almond Milk

STRAWBERRY BLONDE \$10.50

Strawberry, Peanut Butter, Banana, Almond Milk, Honey

★ Blend recommends: Add Protein

BLUE DIVA \$10.50

Blueberries, Cashews, Banana, Almond Milk, Honey

THE JD \$10.50

Strawberry, Blueberries, Banana, Cashews, Almond Milk, Honey

ALWAYS BE CLOSING \$12.50

Red Superfood, Chia Seeds, Banana, Red Juice

## ADD ONS

★ Vegan Protein (Choc. / Van.)

★ Whey Protein (Choc. / Van.)

★ Red or Green Superfood Powder

★ Spinach

★ Kale

★ Cacao

★ Maca Powder

★ Chia Seeds

★ Nutella

★ Cashew Butter

★ Peanut Butter

★ Almond Butter

# JUICES/SHOTS/FOOD

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## BOWLS

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**OG WELLNESS** \$13.50

Original Base, Strawberries, Banana, Blueberries, Granola, Coconut Flakes, Chia Seeds, Honey Drizzle

**INNOCENT PLEASURE** \$13.50

Original Base, Strawberries, Bananas, Granola Nutella, Homemade Peanut Butter, Chocolate Chips, Honey Drizzle

**THE O-MEGA NUT** \$13.50

Original Base, Banana, Granola, Homemade Almond Butter, Homemade Cashew Butter, Homemade Peanut Butter, Chia Seeds

**PROTEIN** \$13.50

Original Base, Granola, Banana, Homemade Peanut Butter, Protein Bite, Cacao Nibs, Honey Drizzle

## TOASTS

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**AVOCADO TOAST** \$8.25

Avocado, Rosemary Sourdough Bread, Turmeric Powder, Carrot Shavings, Cucumber Shavings

**PEANUT BUTTER TOAST** \$8.00

Homemade Peanut Butter, Sourdough Bread, Honey Drizzle

**ALMOND BUTTER TOAST** \$8.00

Homemade Almond Butter, Sourdough Bread, Honey Drizzle

## BITES

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**PROTEIN BITES** \$3.33

**VEGAN BITES** \$3.33

**ESPRESSO BITES** \$3.50

**MONSTER COOKIE BITES** \$3.33

**REESE'S PIECES BITES** \$3.33

**JOHN COLLIN BITES** \$3.33

**ENERGY BITES** \$3.33

## JUICES

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**GREEN** \$13.00

Cucumber, Celery, Kale, Red Apple, Green Apple, Lemon, Ginger

**LEAN GREEN** \$13.50

Cucumber, Celery, Kale, Lemon, Ginger

**GOLD** \$13.00

Pineapple, Green Apple, Ginger, Lemon, Mint

**HEAVENLY GREEN** \$13.00

Cucumber, Celery, Kale, Pineapple, Red Apple, Green Apple, Lemon, Ginger, Mint

**RED** \$13.00

Beets, Carrot, Red Apple, Ginger, Lemon

**MR T'S TUMMY TUMERIC** \$13.50

Pineapple, Green Apple, Ginger, Lemon, Carrot Juice, Turmeric

**JUICE LEE** \$13.50

Cucumber, Celery, Kale, Red Apple, Green Apple, Lemon, Ginger, Oranges, Jalapeño

**WHITE** \$13.00

Cashew, Cinnamon, Nutmeg, Agave, Coconut Water, Alkaline Water

**YELLOW** \$13.00

Lemon, Ginger, Cayenne, Alkaline Water

## SHOTS

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**RED DRAGON** \$4.11

Ginger, Lemon, Cayenne

**TUMERIC DRAGON** \$5.75

Ginger, Lemon, Cayenne, Turmeric

**NATURE'S FLU SHOT** \$4.10

Beet, Pineapple, Turmeric, Ginger, Lemon, Garlic, Honey, Cayenne

**GREEN DRAGON** \$6.11

Wheatgrass, Lemon, Ginger, Cayenne

**WHEATGRASS** \$8.88

Fresh Wheatgrass

**LOST IN TRANSLATION** \$3.77

Apple, Pineapple, Mint, Ginger, Lemon, Turmeric, Cayenne